LOVE

Test soon. Treat early.
Self-Care is community care for OUR collective wellness.

Get tested for COVID-19 if you feel sick with COVID-19 symptoms.

Contact your healthcare provider right away if your result is positive. Treatment is now available for most, but should be started as soon as possible.

PROTECTION

COVID-19 treatments are now available for those who get sick to prevent severe illness and hospitalization.

Contact your local IHS, tribal, or urban Indian health care facility or pharmacy for more information.

AASTEC