

# AMERICAN INDIAN/ALASKA NATIVE (AI/AN) HIGH SCHOOL STUDENTS HEALTHY KIDS COLORADO SURVEY 2021

The Healthy Kids Colorado Survey (HKCS) is a classroom-based survey used to assess health risk behaviors among Colorado youth. This report focuses on Southwest Colorado (Region 9) only.

**AI/AN participants**  
from Southwest Colorado  
(Region 9)

Beginning in early 2020, the United States, along with the rest of the world, experienced the coronavirus disease (COVID-19) pandemic. As part of the response to this pandemic, schools and businesses were closed and people were required to stay at home. The COVID-19 pandemic has had a broad range of impacts on youth's daily lives which may be reflected throughout this report, not limited only to the data points that are specific to COVID-19.

## BY GENDER IDENTITY

Male \_\_\_\_\_ Female \_\_\_\_\_ Gender not reported \_\_\_\_\_

Gender Nonconforming, Genderqueer, Nonbinary, or questioning \_\_\_\_\_

## BY GRADE

9th \_\_\_\_\_ 10th \_\_\_\_\_ 11th \_\_\_\_\_

12th \_\_\_\_\_ Ungraded, other grade, or missing: \_\_\_\_\_

## STRENGTHS

## AREAS OF CONCERN



ALBUQUERQUE AREA SOUTHWEST  
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# HIGH SCHOOL SCHOOL HEALTHY KIDS COLORADO SURVEY 2021

PERSONAL SAFETY	AI/AN	NON-AI/AN
Been in a physical fight***		
Bullied on school property***		
Electronically bullied***		
Missed school due to safety issues**		
Experienced dating violence, among students who dated***		
Feel safe at school		
Always wears seat belt		
Texted or e-mailed while driving a vehicle**		
WEIGHT, NUTRITION, AND PHYSICAL ACTIVITY	AI/AN	NON-AI/AN
Met recommended physical activity guidelines		
Non-school 'screen time' (TV, computer, phone, tablet, etc.) for 3 hours or more on school days		
Played on a sports team***		
Average hours of sleep on school night		
SEXUAL BEHAVIOR	AI/AN	NON-AI/AN
Have <u>not</u> had sexual intercourse*		
Used condom last time had sex		
Has had a sexual photo or video of themselves shared without permission***		
ALCOHOL USE	AI/AN	NON-AI/AN
Alcohol use**		
Binge drinking**		
Rode in car driven by someone who had been drinking alcohol**		
Drove a vehicle after drinking alcohol, among those who drive**		
HOME, SCHOOL ENVIRONMENT, AND EXPERIENCES	AI/AN	NON-AI/AN
Student feels they 'belong' at school		
Think it is important to continue education after high school		
Involved in extracurricular activities at school		
Skipped or "cut" school in past 4 weeks		
Can ask parent/guardian for help with a personal problem		

\*Ever \*\*Past 30 days \*\*\*Past 12 months



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MENTAL HEALTH CONCERNS		AI/AN	NON-AI/AN
<p><b>NOTE:</b> proportions not reported for students who identify as gender nonconforming, genderqueer, nonbinary, or questioning due to small numbers</p>			
PERSISTENT SADNESS AND HOPELESSNESS FOR AT LEAST 2 WEEKS***			
	Overall		
	Boys only		
	Girls only		
SERIOUSLY CONSIDERED SUICIDE***			
	Overall		
	Boys only		
	Girls only		
MADE A SUICIDE PLAN***			
	Overall		
	Boys only		
	Girls only		
ATTEMPTED SUICIDE***			
	Overall		
	Boys only		
	Girls only		
PURPOSEFULLY HURT SELF WITHOUT SUICIDE INTENT***			
	Overall		
	Boys only		
	Girls only		
MARIJUANA USE		AI/AN	NON-AI/AN
Marijuana use**			
Rode in car with someone who had used marijuana**			
Drove car when using marijuana, among those who drive**			
Feel it would be very easy to get marijuana			
Believe that regular marijuana use can lead to harm			
AMONG STUDENTS THAT USED MARIJUANA IN THE PAST 30 DAYS:			
Usually smoked it			
Usually ate it (e.g. edible, tincture, etc.)			
Usually dabbed it			
*Ever **Past 30 days ***Past 12 months			



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TOBACCO USE	AI/AN	NON-AI/AN
Cigarette Use**		
Used any tobacco product**		
Used 2 or more tobacco products**		
Electronic vapor product use (excluding marijuana)**		
Exposed to second-hand smoke over the past week		
DRUG USE	AI/AN	NON-AI/AN
Cocaine use*		
Inhalant use*		
Prescription drug use without a doctor's prescription*		
Heroin use*		
Methamphetamine use*		
Ecstasy use*		
Has been offered, sold, or given an illegal drug on school property***		
Used 2 or more illegal drugs*		
COVID-19	AI/AN	NON-AI/AN
Experienced poor mental health during the COVID-19 pandemic		
A parent or adult in the home lost their job during the COVID-19 pandemic		
Did not have enough food in the home during the COVID-19 pandemic		
Schoolwork was more difficult during the COVID-19 pandemic		
Was verbally abused by a parent or adult in the home during the COVID-19 pandemic		
<b>BECAUSE OF THE COVID-19 PANDEMIC, STUDENTS REPORT THAT THEY:</b>		
Drank more alcohol		
Used more marijuana		
Vaped or used e-cigarettes more often		
Used social media more		
Felt more daily stress		
Spent more quality time with family		
Exercised more		

\*Ever \*\*Past 30 days \*\*\*Past 12 months

**FOR MORE INFORMATION ON THE HKCS AND TO ACCESS OTHER HKCS REPORTS AND FACT SHEETS  
VISIT [WWW.HEALTHYKIDSCOLO.ORG](http://WWW.HEALTHYKIDSCOLO.ORG) OR [WWW.AASTEC.NET](http://WWW.AASTEC.NET)**

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