AMERICAN INDIAN/ALASKA NATIVE (AI/AN) HIGH SCHOOL STUDENTS HEALTHY KIDS COLORADO SURVEY 2021

The Healthy Kids Colorado Survey (HKCS) is a classroom-based survey used to assess health risk behaviors among Colorado youth. This report focuses on <u>Southwest Colorado (Region 9) only</u>.

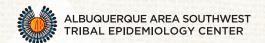
AI/AN participants

from Southwest Colorado (Region 9)

Beginning in early 2020, the United States, along with the rest of the world, experienced the coronavirus disease (COVID-19) pandemic. As part of the response to this pandemic, schools and businesses were closed and people were required to stay at home. The COVID-19 pandemic has had a broad range of impacts on youth's daily lives which may be reflected throughout this report, not limited only to the data points that are specific to COVID-19.

BY GENDER	Male	Female	Gender not reported		
IDENTITY	Gender Nonconforming, Genderqueer, Nonbinary, or questioning				
DV CDADE	9th	10th	11th		
BY GRADE	12th	Ungraded, other grade, or missing:			
		STRENGTHS			

AREAS OF CONCERN



HIGH SCHOOL SCHOOL HEALTHY KIDS COLORADO SURVEY 2021

PERSONAL SAFETY	AI/AN	NON-AI/AN
Been in a physical fight***		
Bullied on school property***		
Electronically bullied***		
Missed school due to safety issues**		
Experienced dating violence, among students who dated***		
Feel safe at school		
Always wears seat belt		
Texted or e-mailed while driving a vehicle**		
WEIGHT, NUTRITION, AND PHYSICAL ACTIVITY	AI/AN	NON-AI/AN
Met recommended physical activity guidelines		
Non-school 'screen time' (TV, computer, phone, tablet, etc.) for 3 hours or more on school days		
Played on a sports team***		
Average hours of sleep on school night		
SEXUAL BEHAVIOR	AI/AN	NON-AI/AN
Have not had sexual intercourse*		
Used condom last time had sex		
Has had a sexual photo or video of themselves shared without permission***		
ALCOHOL USE	AI/AN	NON-AI/AN
Alcohol use**		
Binge drinking**		
Rode in car driven by someone who had been drinking alcohol**		
Drove a vehicle after drinking alcohol, among those who drive**		
HOME, SCHOOL ENVIRONMENT, AND EXPERIENCES	AI/AN	NON-AI/AN
Student feels they 'belong' at school		
Think it is important to continue education after high school		
Involved in extracurricular activities at school		
Skipped or "cut" school in past 4 weeks		
Can ask parent/guardian for help with a personal problem		
*Ever **Past 30 days ***Past 12 months		





HIGH SCHOOL SCHOOL HEALTHY KIDS COLORADO SURVEY 2021

MENTAL HEALTH CONCERNS AI/AN NON-AI/AN NOTE: proportions not reported for students who identify as gender nonconforming, genderqueer, nonbinary, or questioning due to small numbers PERSISTENT SADNESS AND HOPELESSNESS FOR AT LEAST 2 WEEKS*** Overall Boys only Girls only SERIOUSLY CONSIDERED SUICIDE*** Overall Boys only Girls only MADE A SUICIDE PLAN*** Overall Boys only Girls only ATTEMPTED SUICIDE*** Overall Boys only Girls only PURPOSEFULLY HURT SELF WITHOUT SUICIDE INTENT*** Overall Boys only Girls only **MARIJUANA USE** AI/AN **NON-AI/AN** Marijuana use** Rode in car with someone who had used marijuana** Drove car when using marijuana, among those who drive** Feel it would be very easy to get marijuana Believe that regular marijuana use can lead to harm AMONG STUDENTS THAT USED MARIJUANA IN THE PAST 30 DAYS: Usually smoked it Usually ate it (e.g. edible, tincture, etc.) Usually dabbed it *Ever **Past 30 days ***Past 12 months





HIGH SCHOOL SCHOOL HEALTHY KIDS COLORADO SURVEY 2021

TOBACCO USE AI/AN **NON-AI/AN** Cigarette Use** Used any tobacco product** Used 2 or more tobacco products** Electronic vapor product use (excluding marijuana)** Exposed to second-hand smoke over the past week **DRUG USE** AI/AN **NON-AI/AN** Cocaine use* Inhalant use* Prescription drug use without a doctor's prescription* Heroin use* Methamphetamine use* Ecstasy use* Has been offered, sold, or given an illegal drug on school property*** Used 2 or more illegal drugs* COVID-19 AI/AN **NON-AI/AN** Experienced poor mental health during the COVID-19 pandemic A parent or adult in the home lost their job during the COVID-19 pandemic Did not have enough food in the home during the COVID-19 pandemic Schoolwork was more difficult during the COVID-19 pandemic Was verbally abused by a parent or adult in the home during the COVID-19 pandemic BECAUSE OF THE COVID-19 PANDEMIC, STUDENTS REPORT THAT THEY: Drank more alcohol Used more marijuana Vaped or used e-cigarettes more often Used social media more Felt more daily stress Spent more quality time with family Exercised more

*Ever **Past 30 days ***Past 12 months

FOR MORE INFORMATION ON THE HKCS AND TO ACCESS OTHER HKCS REPORTS AND FACT SHEETS VISIT WWW.HEALTHYKIDSCOLO.ORG OR WWW.AASTEC.NET

The HKCS is supported by the Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), and Colorado Department of Human Services (CDHS). The University of Colorado Denver - Anschutz Medical Campus implemented the survey in 2019.



