

AWARENESS IS STRENGTH!

WHAT IS MEASLES?

Measles is a very contagious virus and can be serious. It affects both children and adults.



SYMPTOMS OF MEASLES CAN INCLUDE:

- Runny Nose
- Pink/watery eyes
- Cough
- Fever
- Full-body rash that begins at the head and behind the ears



IF YOU OR YOUR CHILD HAS THESE SYMPTOMS:

- Stay at home.
- Avoid public gatherings.
- Call your healthcare provider before arriving in person.

The best defense against measles is the measles vaccine (MMR). It has been used for over 60 years and is proven to be effective and safe.

If you do not know your measles vaccination (MMR) status, call your healthcare clinic or look up your vaccination status in the New Mexico Immunization Program by scanning the QR code. For more information, call NMDOH: 1-833-796-8773



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