YRRS 2015 SUMMARY

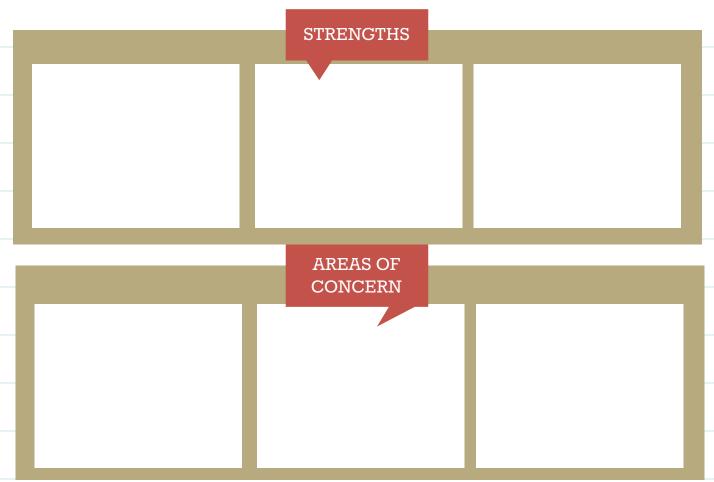
The New Mexico Youth Risk and Resiliency Survey (NM-YRRS) is a classroom-based survey used to assess health risks and protective factors among New Mexico high school and middle school students.

students
participated in the
2015 YRRS

BY GENDER Male: Female: BY GRADE

Gender not reported: 6th: 7th: 8th:

Other:





THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

PERSONAL SAFETY AND SCHOOL ENVIRONMENT	AI/AN	NM STATEWIDE
Carried a weapon (gun, knife, club)*		
Been in a physical fight*		
Bullied on school property*		
Electronically bullied*		
Always wear seat belt		
WEIGHT, NUTRITION AND PHYSICAL ACTIVITY	AI/AN	NM STATEWIDE
Overweight (self-report)		
Met recommended physical activity guidelines		
Watched TV for 2 hours or more on school days		
Non-school computer use for 2 hours or more on school days		
Average number of school days with physical education per week		
Ate breakfast every day past week		
Average hours of sleep on school night		
Seen a dentist in past 12 months		
SEXUAL BEHAVIOR	AI/AN	NM STATEWIDE
Have <u>not</u> had sexual intercourse		
Used condom last time had sex		
ALCOHOL USE	AI/AN	NM STATEWIDE
Alcohol use**		
Binge drinking (5 or more drinks in a few hours)**		
Think youth drinking is very wrong		
Rode in car driven by someone who had been drinking alcohol*		
Would be very easy to get alcohol		
RESILIENCY	AI/AN	NM STATEWIDE
A parent or other adult at home is interested in student's school work		
Has a friend who really cares about student		
There are clear rules at school about what a student can and cannot do		
Participates in extracurricular activities outside of school		
Has a teacher or parent who listens to student		

* Ever ** Past 30 Days





YRRS 2015 SUMMARY

MENTAL HEALTH CONCERNS	AI/AN	NM STATEWIDE
Seriously considered suicide*		
Overall	l	
Boys only		
Girls only	,	
Made a suicide plan*		
Overall	l	
Boys only	,	
Girls only		
Attempted suicide*		
Overall		
Boys only	,	
Girls only	,	
DRUG USE	AI/AN	NM STATEWIDE
Marijuana use**		
Synthetic marijuana use (e.g. Spice, K2)*		
Cocaine use*		
Inhalant use*		
Prescription drug use without a doctor's prescription*		
Used a pain killer to get high*		
Injected an illegal drug*		
Used 2 or more illegal drugs*		
* Ever ** Past 30 Days		
KEY		
FINDINGS		
	_	





THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

TOBACCO USE	AI/AN	NM STATEWIDE
Cigarette Use**		
Used chewing tobacco, snuff or dip**		
Smoked cigars or cigarillos**		
Smoked tobacco in a hookah**		
Used any tobacco product**		
Would smoke a cigarette if offered by a friend		
Electronic vapor product use**		
Exposed to second-hand smoke past week		
Used 2 or more tobacco products**		
AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS		
Average age when smoked first cigarette		
Smoked cigarettes every day**		
Used flavored tobacco products		
Tried to quit smoking in the past year		
Also used electronic vapor product**		
Alcohol use**		

* Ever ** Past 30 Days



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit www.youthrisk.org or www.aastec.net