



# APRIL IS HEALTHY HOMES MONTH



## 8 Principles of a Healthy Home



### Keep it dry

Prevent leaks to avoid water entering the home.



### Keep it clean

Control dust and contaminant sources using proper cleaning techniques.



### Keep it safe

Install carbon monoxide and smoke detector and keep a fire extinguisher on hand.



### Keep it well ventilated

Use house ventilation for fresh air to reduce concentration of contaminants in the home.



### Keep it pest-free

Seal openings; use pesticides and set up traps if necessary.



### Keep it contaminant free

Test home for radon and install a radon removal system if needed.



### Keep your home maintained

Inspect, clean, and repair your home routinely.



### Keep it thermally controlled

Maintain adequate temperatures to ensure the safety of residents from exposure to extreme cold or heat.

## Our Mission

The AASTEC Tribal Healthy Homes Project uses a community engaged model to assist with the development of a GPS data collection tool and to train staff to conduct home indoor radon assessment, chronic health conditions, and potential injury risk factors.

## FREE Radon Test Kits

Scan the QR Code for more Information

