

SEPTEMBER 10-11, 2025

Tribal Maternal Wellness Summit



*Strengthening Families & Maternal
Health – Building Strong
Foundations for Generations*

Santa Ana Star Casino Hotel
54 Jemez Canyon Dam Road, Bernalillo, NM

2025 Tribal Maternal Wellness Summit Planning Team

Sponsorship Provided by Albuquerque Area Indian Health Board/Albuquerque Area Southwest Tribal Epidemiology Center (AAIHB/AASTECC) • AAIHB/AASTECC Tribal Epidemiology Centers Public Health Infrastructure (TECPHI) Program Maternal Mortality Supplement • University of New Mexico Project ECHO • AAIHB/AASTECC Contract with the New Mexico Department of Health - Health Resources and Services Administration (HRSA), State Maternal Health Innovations Grant.

In partnership: UNM ECHO • Birthing Tree • Native American Professional Parent Resources (NAAPR) Inc. • Navajo Maternal and Child Health Project Diné College Public Health Department • New Mexico Department of Health (NMDOH) Maternal & Child Health Epidemiology, Family Health Bureau

Summit Planning Team

Co-Chair - Reiko Yazzie, Albuquerque Area Indian Health Board/Albuquerque Area Southwest Tribal Epidemiology Center (AAIHB/AASTECC)

Co-Chair - Nick Sharp, Albuquerque Area Indian Health Board/Albuquerque Area Southwest Tribal Epidemiology Center (AAIHB/AASTECC)

Dr. Sheldwin Yazzie, AAIHB/AASTECC

Ophelia Spencer, AAIHB/AASTECC

Esteban Rosales, AAIHB/AASTECC

Virginia Blue-Ramirez, AAIHB/AASTECC

Tara Spencer, AAIHB/AASTECC

Mary Costello, AAIHB/AASTECC

Simran Priel, UNM ECHO, Birthing Tree

Alice Pecos, Native American Professional Parent Resources (NAAPR) Inc.

Amber-Rose Begay, Navajo Maternal and Child Health Project Diné College, Public Health Department

Jean Braun, New Mexico Department of Health (NMDOH) Maternal & Child Health Epidemiology, Family Health Bureau

Program Cover Pictures

Images on cover, clockwise from top left: Artists Josephine Kie and Edward Nunez • Models Tara and Isaac Cardenas • Artists DeAnne Pete and Jodee Dennison • Artist Michelle Hackney • Artist Esther Benson





Vista Grande

Cimarron

Manzano

**Sacramento
West**

**Sacramento
East**

Prefunction A

Prefunction B

**Sierra
Blanca**

Tularosa

Scan QR Code to
view 360 tour



2025 Tribal Maternal Wellness Summit: September 10 -11, 2025
Strengthening Families & Maternal Health – Building Strong Foundations for Generations
 Santa Ana Star Casino Hotel, 54 Jemez Canyon Dam Road, Santa Ana Pueblo, NM

The objectives of the **2025 Tribal Maternal Wellness Summit** are to provide networking and presentations for attendees to: 1) Create shared space to obtain and learn new information; 2) Gain education around barriers to maternal wellness; and 3) Amplify maternal health, fostering community-building outside of individual focus areas.

THEME: Strengthening Families & Maternal Health – Building Strong Foundations for Generations	
Day 1: September 10, 2025	
7:30 am – 5:00 pm	<u>PREFUNCTION A & B, La Terraza:</u> VENDORS <u>SIERRA BLANCA ROOM:</u> NETWORKING, BREAK ROOM
7:30 am – 3:00 pm	<u>PREFUNCTION A:</u> REGISTRATION
7:30 am – 8:30 am	<u>VISTA GRANDE BALLROOM:</u> BREAKFAST
8:30 am – 9:00 am	<u>PREFUNCTION A & B, La Terraza:</u> VENDORS <u>SIERRA BLANCA ROOM:</u> NETWORKING, BREAK ROOM
9:00 am – 9:30 am	<u>VISTA GRANDE BALLROOM:</u> OPENING GENERAL SESSION Welcome & Introduction Reiko Yazzie, MA, Tribal Maternal Wellness Summit (MWS) Co-Chair, Albuquerque Area Indian Health Board/Albuquerque Area Southwest Tribal Epidemiology Center (AAIHB/AASTECC) Nicholas Sharp, MPH, Tribal Maternal Wellness Summit (MWS) Co-Chair, Albuquerque Area Indian Health Board/Albuquerque Area Epidemiology Center (AAIHB/AASTECC) Invocation: Gayle Dine'Chacon, MD, NM Early Childhood Education and Care Department
9:30 am – 9:45 am	<u>VISTA GRANDE BALLROOM:</u> Networking / Guided Engagement Activity: AAIHB/AASTECC MWS TEAM
9:45 am – 10:45 am	<u>VISTA GRANDE BALLROOM:</u> GENERAL/PANEL SESSION MODERATOR: Sheldwin Yazzie, PhD, MPH, MS, AAIHB/AASTECC Deputy Director Speaker 1: Amanda Singer, Navajo, Navajo Birth Worker Collective Speaker 2: Ophelia Spencer, Navajo, CPST Instructor, AAIHB/AASTECC, <i>Car Seat Installation Clinic</i> Speakers 3: Dr. Julie Atkinson, Kewa Pueblo Health Corp. Kewa Dental Clinic, and Chi Dang, Kewa Pueblo Health Corp. Kewa Dental Clinic Speaker 4: Erica Davis Crump, Climate Solutions, <i>The Ripple Birth: Transformative outcomes through community care in pregnancy journeys</i> Speaker 5: Brandie VanVossen, Action CPR, <i>Child Safety First Aid/CPR</i>
10:45 am – 11:00 am	<u>PREFUNCTION A & B, La Terraza:</u> BREAK: Visit vendors

10:45 am – 11:00 am	<p align="center"><u>VISTA GRANDE BALLROOM:</u> AIRWALLS: Please exit the Vista Grande Ballroom for hotel staff to convert Ballroom to breakout session rooms</p>	
11:00 am – 12:00 pm	<p align="center"><u>MANZANO – Speaker 1 Breakout Room</u></p> <p align="center">Amanda Singer, Navajo, Navajo Birthworker Collective, <i>Indigenous doulas/breastfeeding/Advocacy/ Partner Support</i></p>	<p align="center"><u>CIMARRON – Speaker 2 Breakout Room</u></p> <p align="center">Brandie Van Vossen, Action CPR, <i>Child Safety First Aid/CPR</i></p>
11:00 am – 12:00 pm	<p align="center"><u>SACRAMENTO – Speakers 3 Breakout Room</u></p> <p align="center">Dr. Julie Atkinson, Kewa Pueblo Health Corp. Kewa Dental Clinic, and Chi Dang, Kewa Pueblo Health Corp. Kewa Dental Clinic</p>	<p align="center"><u>TULAROSA – Speaker 4 Breakout Room</u></p> <p align="center">Erica Davis Crump, Climate Solutions, <i>The Ripple Birth: Transformative outcomes through community care in pregnancy journeys</i></p>
11:00 am – 12:00 pm	<p align="center"><u>HOTEL PARKING LOT – HOTEL FRONT ENTRANCE:</u> CAR SEAT INSTALLATION CLINIC (AM Event)</p> <p align="center">Ophelia Spencer, Navajo, CPST Instructor, AAIHB/AASTEC, <i>Car Seat Installation Clinic</i></p>	
12:00 pm – 12:15 pm	<p align="center"><u>VISTA GRANDE BALLROOM:</u> AIRWALLS: Please exit the Vista Grande Ballroom for hotel staff to convert breakout session rooms to Ballroom</p>	
12:00 pm – 1:00 pm	<p align="center"><u>VISTA GRANDE BALLROOM:</u> LUNCH <u>PREFUNCTION A & B, La Terraza:</u> VISIT VENDORS</p>	
1:00pm – 3:00pm	<p align="center"><u>HOTEL PARKING LOT – HOTEL FRONT ENTRANCE:</u> CAR SEAT INSTALLATION CLINIC (PM Event)</p> <p align="center">Ophelia Spencer, Navajo, CPST Instructor, AAIHB/AASTEC, <i>Car Seat Installation Clinic</i></p>	
1:00 pm – 2:00 pm	<p align="center"><u>VISTA GRANDE BALLROOM:</u> GENERAL SESSION</p> <p align="center">Dr. Felina Ortiz, University of New Mexico, and Raquel Z. Rivera, Bold Futures NM, Birth Workers, Maternal Mortality, Birth Justice</p>	
2:00 pm – 2:15 pm	<p align="center"><u>VISTA GRANDE BALLROOM:</u> AIRWALLS: Please exit the Vista Grande Ballroom for hotel staff to convert Ballroom to breakout session rooms</p>	
2:00 pm – 2:15 pm	<p align="center"><u>PREFUNCTION A & B, La Terraza:</u> BREAK: Visit vendors and select Hot Topic Session Room</p>	

2:15 pm – 3:15 pm	<p align="center"><u>MANZANO - Hot Topic Session 1</u></p> <p>Katherine Catanach, Whole Self Counseling, and Jade Sanchez, DOH and Whole Self Counseling, <i>Radical Rest and Resistance: Centering BIPOC Mental Health in Maternal Care</i></p> <p>Rosella Sanchez, New Mexico Crisis and Access Line-988</p>	<p align="center"><u>CIMARRON - Hot Topic Session 2</u></p> <p>Simran Priel, Maternal & Child Health Initiative, Project ECHO UNM, <i>Engaging Fathers/ Partners in Pregnancy & Beyond</i></p> <p>Iris Reano, Santo Domingo Pueblo, NMDOH</p>
	<p align="center"><u>SACRAMENTO - Hot Topic Session 3</u></p> <p>Kendall Kee, Navajo, Las Cruces Recovery Center, <i>Cooking Up Positivity – Using Culinary Connection to Support Tribal Maternal Wellness</i></p> <p>Corie Begaye, Navajo, Government <i>Chitty Check 101</i></p>	<p align="center"><u>TULAROSA - Hot Topic Session 4</u></p> <p>AAIHB/AASTECS Staff Guided Wellness via Networking, Engagement, Movement Activities</p>
3:15 pm – 3:30 pm	<p><u>VISTA GRANDE BALLROOM:</u> AIRWALLS: Please exit the Vista Grande Ballroom for hotel staff to convert breakout sessions to the Ballroom</p>	
3:15 pm – 3:30 pm	<p><u>PREFUNCTION A & B, La Terraza:</u> BREAK: Visit vendors</p>	
3:30 pm – 4:30 pm	<p><u>VISTA GRANDE BALLROOM:</u> Reflections from the Day</p>	

FREE CAR SEAT SAFETY CHECK EVENT @ 2025 Tribal Maternal Wellness Summit

CHILD PASSENGER SAFETY CLINIC

No appointment required

ONE-ON-ONE DEMONSTRATION EDUCATION AND DISCUSSION

Car Seat Clinic consists of a 45-minute hands-on training. Certified CPS Technicians will inspect your child passenger seat and teach parents/caregivers how to transport children safely.

Sept. 10, 2025, Wednesday

AM Event: 11:15 am - 12:00 pm

PM Event: 1:00 pm - 3:00 pm

LOCATION:

Santa Ana Star Casino Hotel
Front parking lot

54 Jemez Canyon Dam Rd., Bernalillo, NM 87004

REQUIRED:

- ✓ YOUR VEHICLE
- ✓ VEHICLE MANUAL
- ✓ MUST HAVE OWN CARSEAT
- ✓ CHILD
- ✓ CHILD'S CAREGIVER

For QUESTIONS CONTACT:

Ophelia Spencer, CPST-Instructor

Tribal Survey Coordinator
(505) 659-9329 - Cell number
(505) 764-0036 - Main

SPONSORED BY:



THEME: Strengthening Families & Maternal Health – Building Strong Foundations for Generations	
	Day 2: September 11, 2025
7:30 am – 5:00 pm	PREFUNCTION A & B, La Terraza: VENDORS SIERRA BLANCA ROOM: NETWORKING, BREAK ROOM
7:30 am – 3:00 pm	PREFUNCTION A: Registration
7:30 am – 8:30 am	VISTA GRANDE BALLROOM: Breakfast
8:30 am – 9:00 am	VISTA GRANDE BALLROOM: OPENING GENERAL SESSION FOR DAY 2 Welcome & Introduction – Day 2 Reiko Yazzie, MA, Tribal MWS Co-Chair, Albuquerque Area Indian Health Board/Albuquerque Area Southwest Tribal Epidemiology Center (AAIHB/AASTEC) Nicholas Sharp, MPH, Tribal MWS Co-Chair, Albuquerque Area Indian Health Board/Albuquerque Area Southwest Epidemiology Center (AAIHB/AASTEC)
9:00 am – 9:45 am	VISTA GRANDE BALLROOM: GENERAL SESSION Nicolette Perez, NMDOH, and Michelle Chavez, Healthy Kids Healthy Preschool, Alberto Zavala, Healthy Kids Healthy Preschool, New Mexico Department of Health Obesity Nutrition and Physical Activity Healthy Kids Healthy Preschoolers
9:45 am – 10:15 am	PREFUNCTION A & B, La Terraza: BREAK: Visit vendors
10:15 am – 11:00 am	VISTA GRANDE BALLROOM: GENERAL SESSION Katrina Nardini, CNM, WHNP-BC, MPH, University of New Mexico, Faculty Department of OBGYN, Midwifery Division, NMDOH Certified Nurse Midwife Contractor, CDC Maternal Mortality Prevention Team Subcontractor
11:00 am – 11:15 am	PREFUNCTION A & B, La Terraza: BREAK: Visit vendors
11:15 am – 12:00pm	VISTA GRANDE BALLROOM: GENERAL SESSION Dr. Pilar Sanjuan, PhD, PMH-C: Psychologist, Associate Professor, UNM - School of Medicine, and Nicole Martin, Community Doula, Indigenous Full Spectrum Birth-worker, Laguna Pueblo, Navigating Perinatal Mental Health
12:00 pm – 1:00 pm	VISTA GRANDE BALLROOM: LUNCH
1:00 pm – 1:45 pm	VISTA GRANDE BALLROOM: GENERAL SESSION Kena Chavez Hinojos, NM Maternal Mortality Review Committee, and Dalayah Herrera, Cochiti Pueblo/Hopi, Getting To The Rootz, Connection and Rhythm (Sexual Violence/ Internet History)
1:45 pm – 2:00 pm	PREFUNCTION A & B, La Terraza: BREAK: Visit vendors

2:00 pm – 2:45 pm	<u>VISTA GRANDE BALLROOM:</u> GENERAL SESSION	
	Maria Brock, Laguna/Santa Clara Pueblos, WK Kellogg Foundation Tribal Home Visiting (Benefits for family wellness and sharing resources)	
2:45 pm – 3:00 pm	<u>VISTA GRANDE BALLROOM:</u> AIRWALLS: Please exit the Vista Grande Ballroom for hotel staff to convert Ballroom to breakout session rooms	
2:45 pm – 3:00 pm	BREAK: Visit vendors and select breakout room	
3:00 pm – 4:00 pm	<u>MANZANO – Breakout Room 1</u>	<u>CIMARRON– Breakout Room 2</u>
	<p>Rose Quintana, Santo Domingo Tribe, Peer Support Mentor, Crisis Intervention Specialist, Public Speaker, Family Dynamics</p> <p>Giovanna Rossi, Collective Action Strategies, Medicaid Postpartum Extension Project, Extreme heat impacts your baby’s health</p> <p>Ophelia Spencer, Car Seat Technician Certification, Child Passenger Safety Seat Information & New Mexico State Laws on Child Safety Seats and on Tribal Roads</p>	<p>Roxyann Skenadore, SCW, Navajo Nation, Navajo Division for Children and Family Services, Navajo Financial Assistance Unit (NFAU)</p> <p>Monica Vigil, Nambe Pueblo, Counterfeit Car Seats and Foreign Car Seats in New Mexico</p>
3:00 pm – 4:00 pm	<u>SACRAMENTO – Breakout Room 3</u>	<u>TULAROSA – Breakout Room 4</u>
	<p>Glenna Belin Marcus, Tewa, Breath of My Heart Birthplace, and Beata Tsosie, Santa Clara Pueblo, Breath of My Heart Birthplace Birth Centers: How to access care and create birth centers</p>	<p>Juliette McCoy, Molina Healthcare of NM, and Stefanie Vigil, BCBSNM, Molina/Food as Medicine</p>
4:00 pm – 4:15 pm	<u>VISTA GRANDE BALLROOM:</u> AIRWALLS: Please exit the Vista Grande Ballroom for hotel staff to convert breakout session rooms to Ballroom	
4:00 pm – 4:15 pm	<u>PREFUNCTION A & B, La Terraza:</u> BREAK: Visit vendors	
4:15 pm – 4:45 pm	<u>VISTA GRANDE BALLROOM:</u> Reflection from the Day Day 2 adjourns	
	Closing Prayer: Beata Tsosie, Santa Clara Pueblo	

Day 1 – September 10, 2025: Session Descriptions

Name: Amanda Singer

Credentials: CLC, Dine Doula, Navajo Birthworker Collective Executive Director

Title of Presentation: Supporting Navajo Families since 2008 (Navajo Birthworker collective)

Name: Ophelia Spencer

Credentials: Navajo, CPST Instructor, AAIHB/AASTECC

Title of Presentation: Car Seat Installation Clinic

Description: This session held in the hotel parking lot is open to people with vehicles, their own car seats, and their child(ren) only.

Objectives: At the end of the session, participants will be able to:

1. Educate the care giver on prepare installation in their vehicle
2. How to check if the correct Car Seat is appropriate for your Child
3. The child seated in safest place in your vehicle

Name: Brandie Van Vossen

Credentials: Heartsaver 1st Aid CPR/AED BLS Provider Instructor

Title of Presentation: Child Safety First Aid/ CPR

Description: This session will review information for child safety First Aid/CPR information.

Objectives: At the end of the session, participants will be able to:

1. Identify potential obstructed airway (choking) in infants/toddlers and how to respond.
2. High quality CPR for Infant/Child.
3. Basic injury emergencies and response.

Names: Dr. Julie Atkinson and Chi Dang

Credentials, Dr. Julie Atkinson: Kewa Pueblo Health Corp., Kewa Dental Clinic

Credentials, Chi Dang: Kewa Pueblo Health Corp., Kewa Dental Clinic

Title of Presentation: Oral Health During Pregnancy: Why Does It Matter?

Description: This session will describe current guidelines for oral healthcare in pregnant patients and infant/early childhood dental hygiene recommendations.

Objectives: At the end of the session, participants will be able to:

1. Describe appropriate dental care during pregnancy.
2. Describe recommended oral hygiene and care guidelines for infants and young children.

Name: Erica Davis Crump

Credentials: 2x TEDx Speaker, Forbes Recognized Activist for Reproductive Justice, Black New Mexican Woman from Tewa Territory

Title of Presentation: The Ripple Birth: Transformative outcomes through community care in pregnancy journeys.

Name: Dr. Felina Ortiz and Dr. Raquel Z. Rivera

Credentials, Dr. Felina Ortiz: DNP, CNM, RN, FACNM, Associate Professor at the University of New Mexico's College of Nursing

Credentials, Dr. Raquel Z. Rivera: Senior Research and Grant Associate at Bold Futures

Title of Presentation: Rising Together: Rising Together: Creating Pathways for Birth Equity

Description: This session will provide participants an overview of the needs and opportunities that exist in New Mexico's maternal health landscape.

Objectives: At the end of the session, participants will be able to:

1. Review the importance of low intervention birth and high levels of quality support during the perinatal period.
2. Discuss how advocates are creating pathways for birth equity.

Name: Kendall Kee

Credentials: Navajo Professional, Las Cruces Recovery Center

Title of Presentation: Cooking Up Positivity

Description: Cooking up Positivity is a hands-on workshop that uses cooking as a culturally rooted wellness tool to strengthen family dynamics and support maternal mental health. Through shared meal preparation, participants explore how food fosters connection, reduces stress, and builds healthy routines that support communication, emotional regulation, and resilience in the home.

Objectives: At the end of the session, participants will be able to:

1. Identify how cooking can serve as a culturally relevant strategy for supporting maternal wellness and family connection
2. Demonstrate ways culinary activities can reduce stress, promote emotional regulation, and strengthen family routines.
3. Explore practical approaches to integrating food-based activities into daily life to prevent burnout and nurture healthy family relationships.

Name: Katherine Catanach and Jade Sanchez

Credentials, Katherine Catanach: Licensed Marriage and Family Therapist, LCSW

Credentials, Jade Sanchez: Licensed Marriage and Family Therapist, LCSW

Title of Presentation: Radical Rest and Resistance, Centering BIPOC Mental Health in Maternal Care

Description: BIPOC birthing people experience disproportionate mental health challenges during the perinatal period- often compounded by systemic racism, cultural stigma, intergenerational trauma, and lack of access to culturally responsive care. This 10-minute talk centers BIPOC maternal mental health as a justice issue, not just a clinical concern. We'll explore how structural inequities shape emotional well-being, how common care models can retraumatize rather than support, and why community-based, culturally affirming mental health care must be prioritized. Through a lens of radical rest, resistance, and collective healing, this presentation offers practical strategies for providers to disrupt harm, validate lived experiences, and build trust. Attendees will leave with an expanded view of their role- not just as caregivers, but as advocates for mental health equity in maternal spaces.

Name: Rosella Sanchez, MA and Claire Carmony

Credentials, Rosella Sanchez: MA, Director of Community and Stakeholder Relations and NM 988 Manager

Credentials, Claire Carmony: LISW, 988 Program Manager at Protocall Services

Title of Presentation: New Mexico Crisis and Access Line- 988

Description: The New Mexico Crisis and Access Line (NMCAL) is a statewide health crisis line that provides free and confidential support 24/7/ 365 to all New Mexicans. This presentation will highlight NMCAL's role in the 988 Suicide and Crisis Lifeline network, explain how crisis services connect individuals and families to the right care at the right time, and outline how community partnerships strengthen behavioral health outcomes across the state.

In addition to 988, NMCAL operates the Peer-to-Peer Warmline, a service staffed by trained peers who live recovery experience, offering safe and supportive conversations for those not in crisis. The NMConnect app further expands access by connecting New Mexicans to behavioral health resources, self-help tools, and crisis services, anytime, anywhere.

Objectives: At the end of the session, participants will be able to:

1. Understand the purpose and scope of the New Mexico Crisis and Access Line (NMCAL) and its integration within the 988 Suicide and Crisis Lifeline.
2. Identify how crisis line services connect individuals and families with appropriate behavioral health resources.
3. Recognize the importance of community collaboration in supporting effective crisis response and improving behavioral health outcomes in New Mexico.

Name: Simran Priel

Credentials: Project ECHO UNM

Title of Presentation: Engaging Fathers/ Partners in Pregnancy & Beyond

Description: This session will explore the critical role fathers and partners play in supporting maternal and child health. We will discuss strategies to engage fathers in prenatal and postpartum services, address barriers to inclusion, and highlight approaches for community-based outreach that strengthen family wellbeing.

Objectives: At the end of the session, participants will be able to:

1. Describe the importance of engaging fathers and partners in prenatal and postpartum care.
2. Identify strategies for including fathers and partners as clients and participants in perinatal services.
3. Recognize the role of community-based outreach and culturally responsive care in supporting fathers' and partners' engagement.

Name: Corie Begaye

Credentials: Navajo Government

Title of Presentation: Chitty Check 101

Description: This session will provide helpful tips on vehicle maintenance

Objectives: At the end of the session, participants will be able to:

1. To help people feel empowered and not intimidated to get under the chitty hood and check things out.
2. To persuade people to take a few minutes to understand the benefits of chitty care to help extend the life of your vehicle to keep you moving safely and efficiently.

Day 2 – September 11, 2025: Session Descriptions

Name: Nicolette Perez, Michelle Chavez, and Alberto Zavala

Credentials, Nicolette Perez: NMDOH and Healthy Kids, Healthy Preschool NM Dept. Of Obesity, Nutrition, and Physical Activity

Credentials, Michelle Chavez: NMDOH and Healthy Kids, Healthy Preschool NM Dept. Of Obesity, Nutrition, and Physical Activity

Credentials, Alberto Zavala: NMDOH and Healthy Kids, Healthy Preschool NM Dept. Of Obesity, Nutrition, and Physical Activity

Title of Presentation: Healthy Kids Healthy Preschool

Description: Healthy Kids Healthy Preschool is a statewide initiative led by the New Mexico Department of Health. This program partners with preschools across the state to seamlessly integrate healthy eating and physical activity into daily routines and setting the foundation for lifelong wellness.

This session will explore how the Healthy Kids Healthy Preschool program engages families, supports the development of wellness policies, promotes staff wellness, organizes healthy lifestyle challenges and champions farm to preschool activities. Discover how early education environments can play a critical role in shaping healthy habits that last a lifetime.

Objectives: At the end of the session, participants will be able to:

1. Get their preschool connected to our Healthy Kids Healthy Preschool Coordinators to get started in the program.

Name: Juliette McCoy and Stefanie Vigil

Credentials, Juliette McCoy: Molina Healthcare of NM and Blue Cross Blue Shield of NM

Credentials, Stefanie Vigil: Molina Healthcare of NM and Blue Cross Blue Shield of NM

Title of Presentation: Food is Medicine for Maternal Populations

Description: This session explores the design and implementation of the Food is Medicine benefit within New Mexico's 1115 waiver, with a focus on its impact for perinatal populations in tribal communities. Participants will learn how access to medically tailored meals and culturally relevant nutrition interventions can support maternal and infant health, reduce complications, and strengthen food sovereignty.

The session will highlight evidence-based connections between nutrition and perinatal outcomes, while also uplifting community-driven strategies that honor tribal traditions and partnerships with local food producers. Practical guidance will be shared on navigating referral processes, eligibility requirements, and integration with supports such as WIC, SNAP, and the Closed Loop Referral System (CLRS).

Through discussion and case examples, participants will gain strategies for embedding Food is Medicine into existing perinatal care workflows, addressing barriers such as transportation, storage, and program awareness. The session will close with a solutions-oriented dialogue on promoting equitable access to this benefit and advancing maternal health equity in tribal settings.

Objectives: At the end of the session, participants will be able to:

1. Describe the purpose and scope of the food is medicine benefit within NM's 1115 waiver and its relevance to perinatal populations in tribal communities.
2. Explain how nutrition interventions can improve maternal and infant health outcomes, including evidence-based connections between access to nutritious food and reduced perinatal complications.
3. Identify culturally relevant and community-driven approaches to meal provision that honor tribal traditions and support food sovereignty.

4. Recognize pathways for accessing the food is medicine benefit, including referral processes, eligibility criteria, and coordination with other supports (e.g. WIC, SNAP, CLRS).
5. Discuss strategies for integrating Food is Medicine into existing perinatal care workflows in tribal health settings, including partnerships with local food producers and community-based organizations.
6. Evaluate potential barriers to utilization in tribal communities (e.g. transportation, storage capacity, awareness) and propose solutions to improve equitable access.

Name: Dr. Pilar Sanjuan PhD, PMH-C and Nicole Martin

Credentials, Dr. Pilar Sanjuan, PhD, PMH-C: Psychologist, Associate professor UNM **Credentials, Nicole Martin: Community Doula, Indigenous Full Spectrum Birthworker, Laguna Pueblo and Diné**

Title of Presentation: Navigating Perinatal Mental Health

Description: This session will begin with Dr. Pilar Sanjuan, a psychologist, presenting an overview of perinatal mental health disorders such as postpartum depression including how to recognize the signs of these as well as some resources for getting help. Then Nicole Martin, Indigenous Community Doula and Full Spectrum Birthworker, will discuss how Indigenous communities address perinatal mental health disorders.

Objectives: At the end of the session, participants will be able to:

1. Know rates and risk factors for perinatal mental health disorders.
2. Recognize the difference between normal baby blues and Postpartum Mental Health Disorders.
3. Recognize signs and symptoms of perinatal mental health disorders
4. Know some national and local resources where one can find help for perinatal mental health problems.
5. Understand the historical context for Native American Maternal Health
6. Know culturally appropriate approaches to address Native American maternal mental health.
7. Provide access to comprehensive perinatal-postpartum care.
8. Recognize that integrating traditional healing practices with modern health services to improve both maternal and infant outcomes.

Name: Kena Chavez Hinojos CPSW and Dalayah Herrera

Credentials: Enrolled tribal members of Pueblo de Cochiti. Victim/Survivor/Community Advocates. Kena is a Co-Founder of Get To The Rootz LLC and Dalayah is Co-Founder of CADESE LLC (a business focused on healing through jewelry and crochet). Dalayah is a recent Simbra Leadership High School Graduate 2025.

Title of Presentation: Planting A Seed: Healing Soles Through Sacred Soil

Description: We acknowledge our Beloved Mother Earth & protecting our most sacred women & children. Identifying and understanding the violence helps the community to start supporting and making change. With awareness comes understanding that healing is an ongoing process and it starts with us.

Objectives: At the end of the session, participants will be able to:

1. Identify the similarities of “the body” of Mother Earth vs. Women
2. Acknowledge the history of violence and rape culture.
3. Contemplate types of healing and selfcare.

Name: Maria Brock, LCSW

Credentials: Laguna/ Santa Clara Pueblos, WK Kellogg Foundation

Title of Presentation: "Creating Sanctuaries: What Endures in Times of Upheaval?"

Description: "Creating Sanctuaries: What Endures in Times of Upheaval?" will provide an interactive space for attendees to learn and try on enduring practices that create healthy, safe and effective organizations to perform MCH work. This session will address micro issues of treating and preventing staff burnout, mezzo issues including supervision best practices and macro issues of creating sanctuaries for children and families in this era of "overwhelm".

Objectives: At the end of the session, participants will be able to:

1. Provide opportunity for attendees to apply their cultural knowledge frames to trauma informed models and principals of MCH work
2. Increase knowledge of Relationship Based Work principals and best practices emphasizing the HOW rather than the WHAT
3. Increase knowledge of Sanctuary Model for trauma informed organizations
4. Increase knowledge of and ability to practice Nervous System re-balancing

Name: Rose Quintana

Credentials: Peer Support Mentor, Crisis Intervention Specialist, Public Speaker

Title of Presentation: Ancestral Roots, Modern Wings

Description: Matriarchs as spiritual leaders and communal healers

Objectives: Revitalization of communal;

1. Traditions
2. Language
3. Generational Healing

Name: Giovanna Rossi

Credentials: Master of Science degree in Public Policy; Consultant with Family Health Bureau/NM Department of Health; Producer/Host of The Well Woman Show on NPR

Title of Presentation: Medicaid Postpartum Extension Project

Description: This session will give an overview of the Medicaid Postpartum Extension benefit and ask for feedback from participants about messaging

Objectives: At the end of the session, participants will be able to:

1. Understand what the Postpartum Extension benefit includes
2. Know the message points to communicate about the benefit
3. Know about the work of the Medicaid Policy Advisory Group

Name: Roxyann Skenadore, SCW

Credentials: Navajo Nation, Navajo Division for Children and Family Services, Navajo Financial Assistance Unit (NFAU)

Title of Presentation: Financial Assistance Resources for Dinè, On and Off Reservation

Description: This session will provide Financial Assistance resources for our Dinè People, We offer 4 programs with one-time Financial Assistance to Navajo Nation residents in the SDA (Service Delivery Area) and Burial Assistance for our beloved departed nationwide if they have Cultural/Traditional Ties.

Objectives: At the end of the session, participants will be able to:

1. Know where to go to get Financial Assistance for LIHEAP, CSBG, NSCS, and Burial Assistance for our Navajo members
2. Know who may apply and what documents are required for these Programs

Name: Monica Vigil

Credentials: Nambe Pueblo, Child Passenger Safety Technician

Title of Presentation: Counterfeit and Foreign Car Seats

Description: We will go over Shein and Temu car seats and other car seats when doing searches on the internet. How to spot a counterfeit car seat and how to know if it is a foreign car seat. What regulated car seats in the United States must have on them.

Objectives: At the end of the session, participants will be able to:

1. Spot a counterfeit, foreign, and regulated car seat
2. Acknowledge the importance of buying a car seat directly from the car seat company and not from Shein or Temu.

Name: Glenna Belin Marcus and Beata Tsosie

Credentials, Glenna Belin Marcus: Breath of my Heart Birthplace, Clinical Director, Tewa/ Ohkay Owingeh

Credentials, Beata Tsosie: Breath of my Heart Birthplace, Organizational Director, Tewa/ Santa Clara Pueblo

SPEAKER BIOS

Alberto Zavala



Alberto Zavala is the Program Coordinator of the Healthy Kids Healthy Preschool program for Community Action Agency of Southern NM. He has been working for over ten years in the Early Childhood Education field providing technical assistance, resources and training to child development centers, head start programs and pre-schools in southern New Mexico to develop and implement policies where healthy eating/active living practices are part of the daily routine. Alberto has more than 20 years of experience working with rural communities. He worked as the Training, Education & Outreach Advocate at La Casa Inc. in Las Cruces NM and as a Trainer for the NM Coalition Against Domestic Violence. Alberto has a law degree from Universidad Autónoma de Ciudad Juarez and has provided more than eight years of private practice to individuals needing legal services and living in the border region.

Amanda Singer, CLC, Dine Doula Navajo Birthworker Collective Executive Director



My name is Amanda Singer, and my clans are Naaneesht'ezhi Tachinii (The Charcoal-Streaked Division of the Red Running Into the Water Clan) born for Honaghaanii (One-Walks-Around clan). I am a Navajo woman originally from Coalmine, NM and currently living in Fort Defiance, Arizona. For 18 years I have offered my support to Navajo families as a Certified Lactation Counselor, Breastfeeding Peer Counselor, Lactation advocate and 4 years as a Navajo doula. I currently serve in the capacity as the Executive Director for the Navajo Birthworker Collective and I am the co-founder of the Dine Doula Collective. I am married to my husband Davin for 2 years and we have 4 beautiful children: Bradley, Roger, Micah, Nizhoni, and 1 grand daughter. My heart work is normalizing using Navajo cultural practices as a safe and credible way to decrease maternal and infant mortality rates and to increase breast/chestfeeding rates in Navajo communities. I enjoy reading, cooking, hiking, and spending time with my family.

Beata Tsoisie



Beata Tsoisie is from Santa Clara Pueblo and El Rito, NM. She is the Organizational Director for Breath of My Heart Birthplace in traditional Kha'p'o Owingeh territory in Española, NM. She is certified in Infant Massage, as a Developmental Specialist, an Educator, A Lactation Counselor, a full-spectrum Birthworker, and in Indigenous Sustainable Design (permaculture). She managed the creation of the Española Healing Foods Oasis demonstration garden and Seed Library during her time working with Tewa Women United. She was a Pueblo representative for the New Mexico Governor's task force on Missing and Murdered Indigenous Women and Relatives. She has been working decades in various capacities to address impacts and advocate for environmental and reproductive health and food and seed sovereignty.

beata@breathofmyheart.org

Chi Dang



Thirty-six years ago, Chi escaped from Vietnam on a boat by sea. She left everything behind including her family, friends, and a home in central Vietnam to search for freedom in the United States. She graduated from Highland High School in 1993. She received a Bachelor of Science Degree in Dental Hygiene from the University of New Mexico in 1999. After Chi graduated, she worked in a private practice for a few years. Then, from 2005 to 2014, she landed a job as a full-time dental hygienist at the University of New Mexico Department of Dental Surgery. While working for UNM, she got accepted into the Master of Science Degree Program in Dental Hygiene where she had the opportunity to teach, give oral health presentations, work in the operating room at the UNM hospital, and rotate to a special needs facility to provide dental care for patients with intellectual/developmental disabilities. Chi also took opportunities to volunteer abroad, providing dental care for the children in third-world countries like Venezuela. She has been currently working at Santo Domingo Dental Clinic since 2014. Her passion is helping communities that have limited resources to achieve better dental health. In her spare time, she enjoys reading and spending time with her family.

Claire Carmony



Claire Carmony, LISW is the 988 Program Manager at Protocall Services, where she supports data strategy, reporting, and policy development for New Mexico’s 988 Suicide and Crisis Lifeline. Claire focuses on aligning procedures and performance metrics with the needs of New Mexicans, as well as the broader behavioral health ecosystem—including mobile crisis teams, community providers, and state partners. Using her expertise as a call center counselor and clinical supervisor, she ensures that the NM 988 program operates with accountability, transparency, and responsiveness. Claire is passionate about using data to drive service improvements, strengthen crisis

response integration, and promote equitable access across New Mexico.

Their combined expertise—in systems development, data-informed strategy, and community-centered engagement—helps ensure that the state’s crisis response system is compassionate, coordinated, and built to meet the diverse needs of all New Mexicans.

Corie Begaye



My name is Corie Begaye I am Kinyaa\’áanii/Naakaii dine’e, I hail from Shiprock, New Mexico, originally from Pinedale, New Mexico by way of Salt Lake City, Utah. I’m a single parent of 2 children ages 12 and 9. I am a UNM alumna, I earned a degree in accounting 2001. I have worked with the Navajo Nation for over 20 years as an Accounts Maintenance Specialist. My current position is a Senior Office Specialist at the Regional Business Development Office. My hobbies are entrepreneurship, bingo and hanging out with my kids.

Dalayah Herrera



Dalayah Herrera is an enrolled member of the Pueblo De Cochiti, NM, and a recent graduate of the Siembra Leadership High School, Class of 2025. She is the cofounder of CADESE LLC, a business focused on healing through jewelry and crochet. Dalayah serves as the Student Leader for Getting To The Rootz and works at the United South Broadway Corporation. She aspires to become a paralegal for the state of New Mexico, aiming to uplift and represent Indigenous communities through her future legal work.

Erica Davis Crump



Rooted in the commitment to being a force for change, Erica is a Black New Mexican woman from Tewa Territory who weaves ancestral wisdom into community transformation. A Forbes-recognized activist and two-time TEDx speaker, she breaks barriers with joyful tenacity. Erica led the passage of the nation's most inclusive Crown Act and led the coalition to expand healthcare as the co-chair for the Respect NM Women and Families bill, and assisted with several other key policies for New Mexicans Reproductive Justice. Now, she serves as the community co-chair on the NM Maternal Mortality Review Committee, in hopes to eradicate healthcare discrimination to ensure transformative culturally-attuned care for all. She believes our stories

are our medicine and is committed to creating a more equitable world through Good Trouble and joyful collaboration.

Dr. Felina Ortiz



Felina M. Ortiz, DNP, CNM, RN, FACNM, has served as a bridge between academia and community since joining the University of New Mexico (UNM) College of Nursing faculty in 2011. A practicing nurse-midwife for over twenty years, she is passionate about serving under-resourced families and diversifying the perinatal workforce to help minimize maternal and child health disparities.

Giovanna Rossi



Giovanna Rossi, MSc has worked in social justice and public policy for 30 years and has owned her consulting and coaching business, Collective Action Strategies, for 15 years. Rossi is the producer and host of the Well Woman Show on National Public Radio and created the Well Woman Life® Academy for leaders who want to make an impact without burnout. She holds a Master of Science degree in Public Policy from the London School of Economics. Formerly the state’s women’s health policy advisor and professor in Women's Studies at UNM, Rossi is the founder and board president of Family Friendly New Mexico, which supports employers to adopt and implement family-friendly workplace policies and practices. Her work is rooted in the belief that when all women and girls thrive, families succeed and whole communities flourish.

Glenna Belin Marcus



Glenna Belin is a Licensed Midwife who apprenticed strictly in a home birth setting, similar to traditional midwifery passing from generation to generation. Belin became licensed in 2018. She is humbled to accept the role of clinical director and embraces the opportunity and challenges. She is dedicated to supporting BIPOC families in the Espanola Valley. As a tribal member of Ohkay Owingeh she has an affinity for working with the Pueblos and indigenous population. As a birthworker, she uplifts the ways of Midwifery as a way to empower people with autonomy in their reproductive liberation experience.

Dr. Julie Atkinson



Dr. Atkinson is a practicing clinical dentist at Kewa Pueblo Health Corporation (Santo Domingo Pueblo, NM). Since graduating from Boston University with her DMD in 2011, she has worked in a variety of public health and private practice settings in New England and New Mexico. Originally from West Coast, Dr. Atkinson attended Clark Honors College at the University of Oregon for her undergraduate education and graduated with a B.S. in General Science and a B.A. in Art History. Nine years ago, she moved to Albuquerque with her husband, a physician, and infant daughter as he pursued his fellowship in gastroenterology at UNM Hospital. They decided to remain in the “Land of Enchantment” to raise their family. She is now the mother to two elementary school aged daughters, one of whom is very proud to be a “real” New Mexican born in Albuquerque. Dr. Atkinson and her family enjoy to the beautiful big skies of the desert, rugged mountains, and arts and music here and feel so fortunate to be able to promote the health and wellbeing of the local community through their work.

In addition to practicing clinic dentistry, Dr. Atkinson has educated the next generation of dental professionals in her positions at Federally Qualified Health Centers teaching predoctoral dental students from Tufts University, Advanced Education in General Dentistry residents from the NYU Langone AEGD Program, and Dental Assisting students at Santa Fe Community College. She is excited to continue her interests in education by joining today's conference and thanks you for the invitation to share her knowledge.

Juliette McCoy



Juliette McCoy is a licensed clinical social worker with more than 20 years of experience spanning direct practice and systems-level interventions. A proud New Mexican, she is deeply committed to advancing health outcomes across the state. She began her career in community behavioral health and social services, providing direct support before moving into managed care, where she held roles in care coordination, utilization management, quality improvement, program management, and the development of evidence-based programs. During the COVID-19 public health emergency, Juliette returned to direct therapy to support her community through the crisis. Seven years ago, she shifted her focus to population health and health equity, leading the

development of sustainable, community-driven programs that address systemic disparities and expand access to care. In her current role as Director of Population Health at Molina Healthcare of New Mexico, Juliette drives initiatives that improve outcomes and advance equity for the state's most vulnerable populations.

Kena Chavez Hinojos



Kena Chavez Hinojos is an enrolled member of the Pueblo De Cochiti, NM. She is also from the Hopi Tribe, Village of Walpi, Coyote Clan. She is a dedicated advocate and survivor of sexual assault and domestic violence, deeply committed to serving Indigenous communities. Currently she is a CPSW at All Faiths Children's Advocacy Center. She is also a cofounder of Getting To The Rootz LLC, which focuses on the underlying causes of trauma in underserved Native/Indigenous Communities of New Mexico. Kena has held multiple roles across tribal and community organizations, including: Peer Support Worker at Women In Leadership, supporting incarcerated women nearing release. Native American Community Outreach Manager at beWellnm, promoting affordable health insurance. Case Manager at Haven House, assisting domestic violence victims. Program Manager/Advocate Coordinator at Tewa Women United (V.O.I.C.E.S. Program), addressing sexual violence in

tribal communities. ICWA/Social Services Coordinator for Pueblo De Cochiti. Project Coordinator for Hopi-Tewa Women's Coalition to End Abuse. She is a Healthcare Leader with

Strong Families NM, and contributed to Mayor Keller’s DV Task Force. Kena continues on the NM Maternal Mortality Review Committee as community co-chair. Her work reflects a lifelong commitment to healing, justice, and the well-being of Indigenous people, women and families.

Kendall Kee



Kendall Kee is a Navajo professional with nearly 6 years in recovery after 17 years of lived experience with addiction. For the past 5 years, he has worked in the behavioral health field in roles ranging from case management and facilitation to marketing and site management. A health enthusiast with a passion for fitness and food, Kendall draws on his personal journey and upbringing in dysfunctional environments to create innovative approaches to healing. He integrates cultural knowledge and overlooked strategies—such as culinary activities as therapeutic interventions—to strengthen families, reduce stress, and foster resilience.

Maria Brock, LCSW



Maria Brock, LCSW (Laguna/Santa Clara Pueblos) is a Licensed Clinical Social Worker. She received her bachelor degree from the University of New Mexico and her Master of Social Welfare-Direct Practice Community Mental Health from the University of California, Berkeley. Her areas of practice have included direct mental health services for children, teens and families, adults seeking substance abuse recovery, early childhood mental health, evidence based and culturally relevant prevention programming and school based mental health services. She is a founding contributor to the Native American Community Academy (NACA). She has provided suicide prevention programs and trainings, including Youth Mental Health First Aid as the Student Services Director at NACA and the Student Wellness Director at Santa Fe Indian School. She is an advocate for holistic wellness and is personally and professionally committed to helping young people develop healthy relationships with themselves, their families, peers, communities and the planet. Currently she is a Senior Program Manager at the WK Kellogg Foundation who aims to make historic and lasting change for the children in New Mexico in partnership with many community organizations, tribal entities, public and private institutions.

Michelle Chavez



My name is Michelle Chavez I am from Albuquerque, NM, I have 20 years of experience in early childhood education. I recently completed my first year with Healthy Kids Healthy Preschool, I am enjoying the new experience and opportunities it brings.

Monica Vigil



Monica Vigil is an enrolled tribal member of the Pueblo of Nambe where she has worked for her tribe for 28 years. She works under the Health, Wellness, and Education Department. Monica has two children and three granddaughters (pictured) and one grandson. She loves trying new things and learning new things every day. She hopes to live a longer healthier life by taking care of herself and doing preventive care. She has been a Passenger Safety Technician since 2003. I feel that with knowledge comes the strength to make positive changes for ourselves, our families, and friends.

Nicole Martin



Yá'át'ééh shik'éeí dóó shidine'é Nicole Martin yinishyé Táchii'nii nishłį Kiiis'áanii báshíshchíín Chíshí dashicheii Kiiis'áanii dashinali
English translation: Hello community members and relatives! My name is Nicole Martin. I introduced myself in Diné Bidzaad which is the Navajo language. I am Red Running into the Water born for the Parrot clan. My maternal grandfather was White Mountain Apache. My paternal grandfather was in the Lizard clan.

I am the eldest of three and I have five dogs. Community organizer and reproductive justice advocate. My lived experience in the movement led me to become a full spectrum doula and certified breastfeeding specialist. I believe in a future free from Imperialism and a rise of K'é—the system of kinship.

Nicolette Perez



Nicolette Perez is the Healthy Kids Healthy Preschool Health educator for the Obesity, Nutrition and Physical Activity Program (ONAPA) at the New Mexico Department of Health. Born and raised in Santa Fe, NM, Nicolette holds a degree in Population Health and is passionate about improving children’s healthy eating habits across the state. Through her work, she is dedicated to promoting lifelong wellness and supporting healthier communities.

Ophelia Spencer



My name is Ophelia Spencer, I am Navajo from Comb Ridge, Arizona. I have two children, my son and daughter and one paternal granddaughter and material grandson. My sister and I have been blessed to have our mother to still challenges us to be next traditional Navajo women without moving traditional and cultural compass.

I started my journey at Albuquerque Area Indian Health Board 14 years ago tomorrow. August of 2016, I cross trained to become a Child Passenger Safety Technician (CPST), in December of 2021 I became CPST instructor and maintained my certification since. I have participated many local Car Seat Clinic and taught in American Indian Nations across the United States. there are only 15 American Indian CPST instructors across the US. My primary duties here at AAIHB/AASTEC is realm of data collection, data entry, and archiving survey materials in addition I participate in various projects within

organization.

Pilar Sanjuan, PhD, PMH-C



Dr. Pilar Sanjuan is an Associate Professor and clinical psychologist with Perinatal Mental Health Certification (PMH-C) in the UNM School of Medicine, Department of Family and Community Medicine. She received her doctorate in clinical psychology at Rutgers University and completed her internship in Albuquerque, NM at the Southwest Consortium Predoctoral Psychology Internship (SCPPI) with rotations at Indian Health Services (at the Acoma-Canoncito-Laguna (ACL) Indian Health Center and the Canoncito Health Center in To'Hajiilee), UNM Hospital, the New Mexico Women's Correctional Facility, and the VA. She then completed her postdoctoral training at the Center on

Alcohol, Substance Use, and Addictions (CASAA) and the Mind Research Network. Her research program is focused on improving treatment for perinatal substance use disorder and other perinatal mental health conditions and on illuminating the intersections between stress/posttraumatic stress disorder (PTSD), alcohol and other substance use disorders, stigma, social determinants of health, and emotion regulation. Dr. Sanjuan's research has examined doula as an intervention for perinatal substance use disorder and the relationship between posttraumatic stress disorder and perinatal substance use. She is a subject matter expert for the Improving Perinatal Health UNM HSC ECHO Program and a member of the Substance Use Disorder in Pregnancy ECHO Hub team. She is also a member of the NM Statewide Maternal Health Taskforce. She is also a former Chair and current board member of the New Mexico Chapter of Postpartum Support International.

Raquel Rivera, PhD



Raquel Z. Rivera, PhD is Senior Research and Grants Associate at Bold Futures. In her role, she has co-authored peer-reviewed articles on midwifery and access to contraception care, as well as policy reports on licensed midwifery care, doula care for people in substance use disorder treatment, teen pregnancy prevention, and policy-ready contraception research.

Rose Quintana



Rose is an experienced Peer Support Mentor, Crisis Intervention Specialist, and Public Speaker. With a background in emergency medicine that started at age 16, her professional journey has taken her from frontline fire and emergency care, through a personal health challenge, now back into the classroom. Her subsequent path of healing and self-discovery allowed her to reconnect with her roots, bringing a renewed and powerful perspective to her work in crisis intervention and public service.

Rosella Sanchez, MA



Rosella Sanchez, MA is the Director of Community and Stakeholder Relations for New Mexico 988 at Protocall Services. She brings over 30 years of experience in New Mexico's behavioral health system, spanning direct clinical services, family advocacy, and public-sector leadership. Her career includes significant work at the New Mexico Children, Youth & Families Department (CYFD), where she supported program development and statewide implementation of initiatives to improve outcomes for children and families. In her current role, Rosella leads outreach, education, and strategic engagement efforts that elevate awareness of 988 and strengthen collaboration with tribal entities, community organizations, managed care partners, and state agencies. She is known for her culturally responsive approach and deep commitment to fostering trust and accessibility in behavioral health services

Roxyann Skenadore



My name is Roxyann Skenadore, I am Dine', Natcho Dine Tachii'nii (Tobacco people-Red Running into water people, born for Todik'ozhi (Salt Water People), My maternal Grandparents are Kinyaa'aanii and same for my Paternal. I'm married and live in Chinle AZ with my family but originally from Low mountain, AZ. I have 11 children and have helped raise multiple children through foster care. My children's age range is 32 yrs old to my youngest -2 yrs old and am very family oriented. I have worked in Customer Service for over 25 years and have been with the Navajo Division for Children and Family Services for over 7 years. I am very fluent in my Dine' Language.

Simran Priel



Simran Priel is the Director of the Maternal & Child Health Initiative at Project ECHO, where she leads global efforts to advance women’s health, strengthen healthcare systems, and promote equity through virtual learning and collaborative networks. She also directs ECHO’s Community Health Representative/Community Health Worker Maternal & Child Health Upskilling Program, expanding workforce capacity and improving access to care in rural and underserved communities.

With over two decades of experience in maternal health, Simran is a Nurse-Midwife and cultural anthropologist trained in New Zealand and holds a Master’s in Public Health from Oregon Health & Science University with a focus on Maternal & Child Health and Health Disparities. In addition to her role at Project ECHO, she runs The Birthing Tree, a Santa Fe-based nonprofit providing bilingual doula care, perinatal education, and support services to uninsured and

underserved families across Northern New Mexico.

Stephanie Vigil



Stefanie Vigil is an accomplished healthcare leader with a versatile background spanning clinical program management, health equity strategy, policy analysis, community health, and social work. She currently serves as Clinical Strategy Manager at Blue Cross Blue Shield of New Mexico, overseeing Medicaid initiatives focused on health equity and population health. Previously, as Director of Community Health at True Health New Mexico, she led programs addressing care gaps, developing and implementing wellness platforms, and advancing cultural competence within healthcare settings. Her career also includes service as a Policy Analyst with the New Mexico State Legislature, where she gained deep experience in legislation, research, and stakeholder engagement, as well as practice as a Licensed Social Worker with a focus on reproductive health, counseling, and treatment planning. Early experiences in research and direct

care with vulnerable populations further shaped her commitment to advocacy and data-driven approaches. Beyond her professional roles, Stefanie contributes her expertise as a Board Member for the New Mexico Child Advocacy Network and sits on the Healthcare Advisory Committee for Roadrunner Food Bank, reflecting her ongoing dedication to advancing equitable healthcare and community well-being.

VENDOR BOOTHS

DeAnne Pete and Jodee Dennison

Ann's Native Crafts:

Ann's Native Crafts includes a variety of handmade jewelry and sewing crafts for personal use and for gifts. The jewelry comprises of both the traditional Navajo style jewelry and the contemporary style for any occasion. The sewing crafts includes a variety of handmade items. Must stop by to see for yourself.



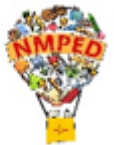
Denise Yazzie, Training Specialist

Education for Parents of Indigenous Children with Special Needs

EPICS is a Native American Parent Center. We provide ongoing advocacy support, helping families make informed and relevant decisions best for their children with special needs. We provide FREE training for families of children with disabilities and professionals working with Native American Communities. We also provide customized individualized assistance. EPICS staff aims to assist Indigenous families to influence change in their communities.



FUNDERS



Diego Lovato and Geraldine Lovato

Pueblo Treasurez handcrafted painted wood, leather and beaded jewelry. Pueblo Treasurez has been providing beautiful quality art since 1997. Family owned and operated began their art with natural clay creating hand-coiled pottery. Due to change in ability to work with clay the medium changed to painting their beautiful pottery designs on wood and leather since 2011. You can find some pieces of their pottery at various museums such as Indian Pueblo Cultural Center, School of Advanced Research, The Heard Museum.



Esther Benson

Benson's Arts & Crafts

Benson's Arts & Crafts offers sewing items such as purses and southwest animals (cats, horses, etc.), beautiful string jewelry and bead work.



Jamie Vigil and Carolyn Jim

Pueblo of Isleta WIC Program

Pueblo of Isleta WIC Program is the largest tribal organization in the State of New Mexico.

Josephine Kie and Edward Nunez

Traditional/ Contemporary pottery and handpainted earrings

Josie has been a traditional/contemporary potter for over 30 years, and Ed came on board 9 years ago as an apprentice learning the art of pottery. We now work as a team in our home studio and participate in various art shows in New Mexico and Arizona. We also take pride in selling our work across the world through our social media advertising. We enjoy creating our art everyday for our customers and collectors.



Julia Platero

Blue Cross and Blue Shield of New Mexico

Blue Cross and Blue Shield of New Mexico is one of the Managed Care Organizations contracted to provide health care services to Medicaid members under the New Mexico Medicaid Managed Care Program, Turquoise Care. The Turquoise Care plan includes physical, behavioral, and long-term care services.

Julianna Massa and Siboney Rodriguez

New Mexico Breastfeeding Task Force

The mission of NMBTF is to create environments in which lactation is the norm and human milk is available to all infants and children.



Kelly Mann, Sarah Riley Johnson, Cathy Ahiyite, and Danica Tom

NAPPR Tribal Home Visiting

NAPPR Tribal Home Visiting provides supportive service to Native American families who are expecting and have children between the ages of 0-5 years of age. Services are delivered to families by a Home Visitor in a family's home or other comfortable space. THV gives Native families a chance to succeed and thrive so children can grow healthy and happy.



Kendall Kee

Las Cruces Recovery Center

Las Cruces Recovery Center is a 54-bed residential facility providing Detox and Residential Treatment for adults living with substance use disorders. Our model of care is trauma-informed, person-centered, and culturally grounded. Alongside evidence-based clinical support, we also offer powerful cultural healing modalities, including: *The Medicine Wheel and the 12 Steps, Mending Broken Hearts, and daily smudging*. We accept most NM Medicaid MCOs, making our services accessible to many.



Mariela Leyba and Sonia Garcia Lopez

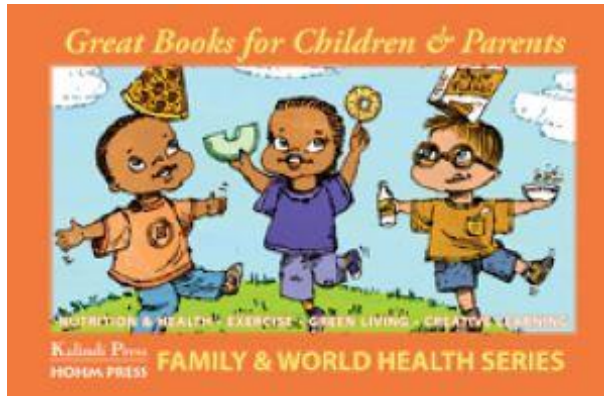
NM Dept of Health, Office of Oral Health

The Office of Oral Health strives to prevent oral disease and contribute to a healthier New Mexico. Our vision is that by promoting oral health as part of general health, we improve health outcomes and assure safety net services for all people in our state.

Michelle Hackney

Hohm Press & Kalindi Press LLC

Michelle Hackney is a breast/chestfeeding and child wellness activist advocating through literature that brings awareness to the parent/child bond and to the whole child's needs. She represents the Family and World Health Series, a collection of beloved nonfiction picture books through Hohm Press and Kalindi Press LLC.



Monica Asencio

Cradle to Career Policy Institute, University of New Mexico

We are conducting a research study focused on child and family well-being in New Mexico. Our team engages parents and primary caregivers of infants under 8 weeks old to share information about the study and opportunities to participate.

Nicolette Perez, Alberto Zavala, and Michelle Chavez

New Mexico Department of Health, Healthy Kids Healthy Preschool, Healthy Kids Healthy Preschool is a statewide initiative led by the New Mexico Department of Health. This program partners with preschools across the state to seamlessly integrate healthy eating and physical activity into daily routines and setting the foundation for lifelong wellness.

Roberta Griego

Sisters Kitchen

Three Sisters Kitchen is a non-profit community food space in the heart of downtown Albuquerque. A place where delicious, affordable, and locally produced foods come together to nourish our community from the ground up.



Rochelle Chee and Michelle Jalaidin

Grand Canyon University

At Grand Canyon University, we serve organizations like yours by shaping the future of education and community engagement and offering a wide array of programs designed to meet the needs of today's students and industries. With a strong network of alumni, dedicated advisory boards and nationally recognized accreditations, GCU is committed to excellence. Beyond academics, the university's economic and social impact underscores its role as a vital contributor throughout Arizona and across the nation.

Rose Quintana, Shelly & Delvis Garcia

Sunshine Jewelry, Cedar Tree Catering Company

Traditional Materials, Beads, Crystals, & Gemstones

My name is Shelly Garcia; I am from the Pueblo of Santo Domingo. I was taught how to create beautiful works of art by my late parents Albert and Cris Quintana. I infuse traditional and contemporary materials, showcasing the appreciation of various gemstones. My art and salesmanship are greatly influenced by the joyous memories I have working alongside my parents, a trade that has now become my living connection to them.



Rosella Sanchez

New Mexico Crisis and Access Line-NMCAL 988

The New Mexico Crisis and Access Line (NMCAL) is a statewide health crisis line that provides free and confidential support 24/7/ 365 to all New Mexicans. This presentation will highlight NMCAL's role in the 988 Suicide and Crisis Lifeline network, explain how crisis services connect individuals and families to the right care at the right time, and outline how community partnerships strengthen behavioral health outcomes across the state.

In addition to 988, NMCAL operates the Peer-to-Peer Warmline, a service staffed by trained peers who live recovery experience, offering safe and supportive conversations for those not in crisis. The NMConnect app further expands access by connecting New Mexicans to behavioral health resources, self-help tools, and crisis services, anytime, anywhere.



Veronica Winsch

Common Spirit St. Joseph's Children

Free virtual visits with a Joyful Parenting Partner offer education and support to first-time parents in New Mexico. Available weekly from prenatal to age three, this program includes evidence-based curriculum, enhanced case management, and developmental guidance at no cost. No insurance or documentation is required. Eligibility extends to anyone parenting for the first time, welcoming their first US-born child, caregivers of adopted or foster infants, and parents who haven't had a baby in ten or more years.

Nicholas Sharp



(Co-Chair, 2025 Tribal Maternal Wellness Summit)

Nicholas Sharp is an epidemiologist with the Albuquerque Area Southwest Tribal Epidemiology Center at the Albuquerque Area Indian Health Board. Originally from Cincinnati, Ohio he currently lives and works in New Mexico. He has worked in a range of public health positions including school health center administration and management, environmental health epidemiology, and maternal and child epidemiology over the course of his 12-year career.

His areas of focus have included Sudden Unexpected Infant Death, perinatal substance use policy, and most recently, maternal mortality analysis, Tribal Pregnancy Risk Assessment and Monitoring System (PRAMS) and Tribal Toddler Survey development. His primary professional interests are in applied epidemiology, working with communities, and conducting equitable analyses. Outside of work you can find him making music, creating his backyard oasis, or wondering if the Cincinnati Bengals will win the Super Bowl this year.

Reiko Yazzie, MA



(Co-Chair, 2025 Tribal Maternal Wellness Summit)

Reiko Yazzie is a member of the Navajo Nation from the Four Corners Area. Reiko is the Tribal CHW Public Health Preparedness Program Coordinator for the Albuquerque Area Indian Health Board/Albuquerque Area Southwest Tribal Epidemiology Center (AAIHB/AASTEC). Reiko is honored to serve as support for tribal partners and tribal communities. She enjoys incorporating various activities and tools from her theatrical background into public health programming.

To relax and for fun times, Reiko loves reading Stephen King stories and eating ice cream.

