



THE RIPPLE BIRTH

Showing up for birthing people
(in their wholeness, through every outcome)
Strengthens the entire fabric of our community.



WHOLE PEOPLE SUPPORTING PEOPLE WHOLLY

Transformative care means tending to the multifaceted human beyond any reproductive outcome.

True community care begins when we see, honor, and support the entire person: before, during, and after their reproductive journey.



A TRANSFORMATIVE ECOSYSTEM OF CARE

The ripple is going to show up productively or dysfunctionally.

We know now that all things are interconnected, especially the places we call home (the families chosen or by blood)

If even one connection is out of sync, or struggling, it's going to manifest.

Let's get into the essentials to ensure a thriving foundation for our transformative ecosystem of care aka our community.





YOUR ACTIVE WORK & ROLE

Your call to action is to tend to your ecosystem (mind, body, spirit) You are both a whole being unto yourself healing your wounds, hurts, through intentional reflective care and rest is essential.



In reproductive justice we center our loved ones regardless of their pregnancy outcome, the whole person within the story remains, deserving of continuous love and support to grow within our community.



Let's be clear: **We cannot give what we do not have.**

We cannot hold space for a birthing person's complexity if we refuse to acknowledge our own. We cannot offer sustainable support if our own cup is empty. Showing up in your wholeness is your primary duty to the community

**WHOLENESS IS OUR
STRENGTH**



HEALING OUR INTERGENERATIONAL CYCLES & BUILDING SOCIAL FABRIC

We break cycles of isolation and silence by offering witnessed, supported journeys.

Every act of care: a meal, a listening ear is a thread that strengthens the entire network of relationships.



RECLAIMING POWER

We shift expertise from distant institutions back into the hands and hearts of the community.

Our call to action is not a task list. It is a commitment to a new way of being in relationship.
It is a pledge to show up beyond the outcome.
The pregnancy test, the birth, the result...
These are just chapters, not the whole story. Our lives, our communities are worth showing up for the entirety of the story.

The person within that story remains. Along with their need for love, care, and connection doesn't expire when the outcome is known.



AN INVITATION



Building this new future will take all of us, and we are here today because we are clear what is possible. Mariame Kaba says Hope is a discipline and we anchor that hope in small tangible actions towards our sustainability.

This future requires we look at our relationships and cultivate them with intentional care and curiosity, consistency and wholeness for ourselves and our relatives.

Find one person and make a pledge to walk with them and show up for their whole story.



THANK

YOU