
**FREESTANDING
BIRTH CENTERS IN
TRIBAL
COMMUNITIES**



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- **Maternal and newborn wellness in tribal communities**

- Freestanding Birth Centers, what they mean and how they can improve tribal communities care for members

ABOUT US

Breath of My Heart is the first Freestanding Birth Center aimed to serve tribal communities in Northern New Mexico.



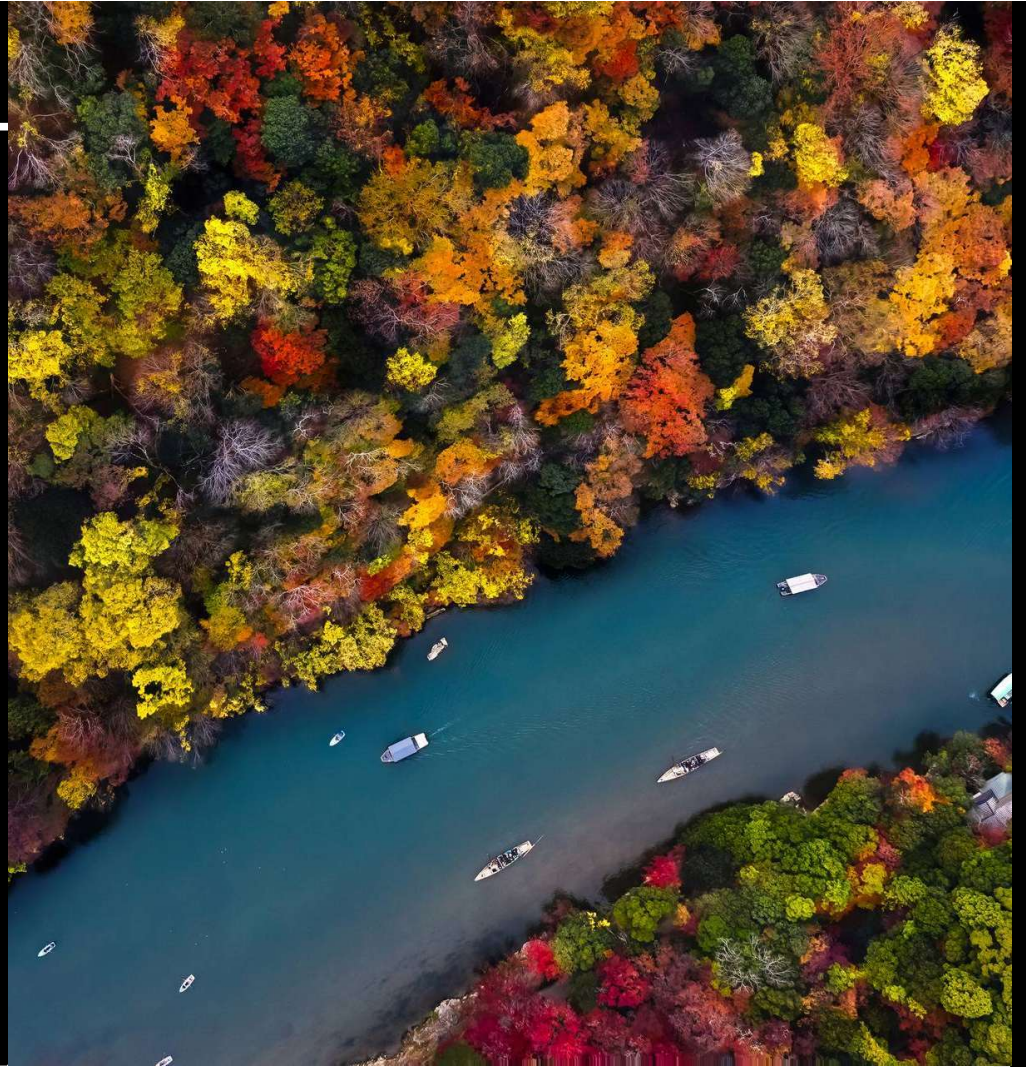
**WHAT MATERNAL AND
NEWBORN HEALTH CARE CAN
LOOK LIKE IN TRIBAL
COMMUNITIES WITH LICENSED
MW/CPM**

COMMUNITY ENGAGEMENT

- Support team
 - Doulas
 - Perinatal Community Health Workers
 - Professional network system - OB's/CNM's/Pediatricians
 - Traditional Healers

CHANGES IN HEALTHCARE LANDSCAPE

Returning to our roots designing health care systems that are accessible in tribal communities with changes to IHS and lack of access to health care in rural communities



RECLAIMING COMMUNITY AND SOVEREIGN HEALTH CARE

- Community support for providers and families
 - Providing spaces to gather and or provide health care or birth
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THANK YOU
